

# Sixth Grade, Session 3

## Ally Handout

### **What are three characteristics of a good ally?**

*(Examples: opinionated but not judgmental, reliable, tells you things that are hard to hear, straightforward, direct, compassionate)*

1.

2.

3.

**Who is one person in your life who can be this ally for you?**

*(Can be a friend, someone your age.)*

**Who is one adult you will talk to if your problem is too big to handle on your own or with your allies that are the same age as you?**

*(Examples: coach, teacher, parent, grandparent, aunt, uncle, neighbor, family friend, leader in your faith community)*