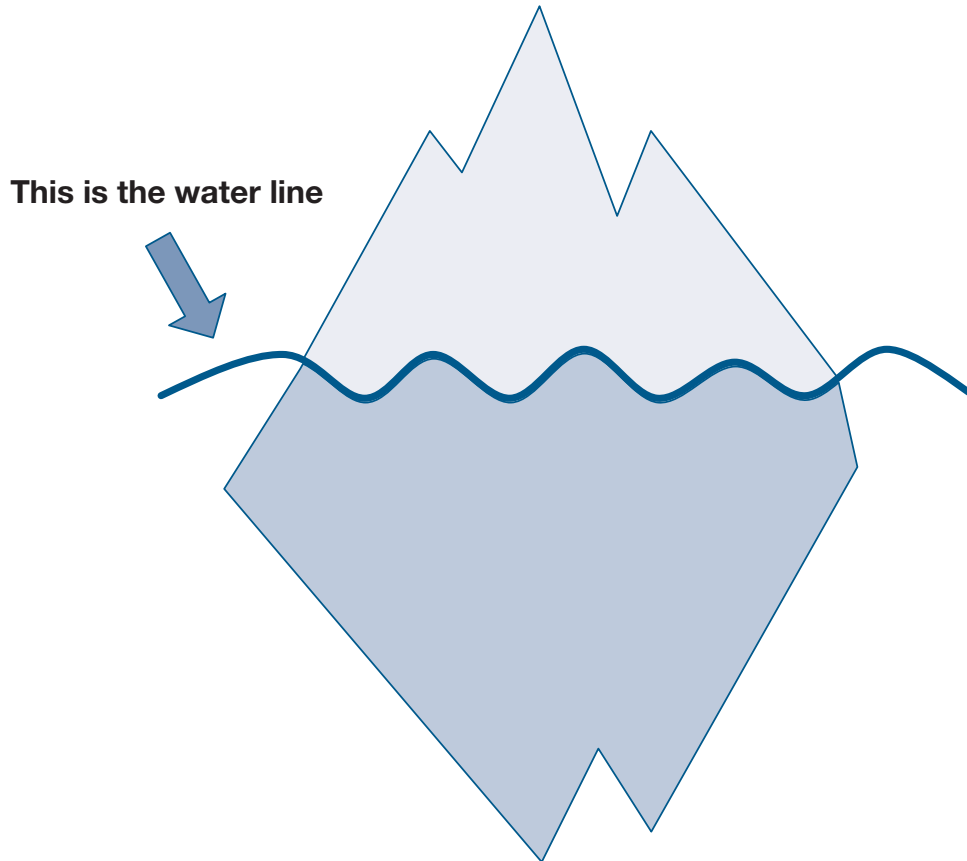


Sixth Grade, Session 5

Iceberg

Recall a time in your life when you felt really angry. Describe the event and what emotions you showed “above the water.” You can write it in a few sentences, add bullet points, or you can draw. Be as specific as you can or are comfortable being.



After you have described the event in detail, write any additional emotions that you may have been feeling, especially those feelings that may have been underwater.