Sixth Grade, Session 17

Helping Adults

Scenario 1

You have found out that your child is leaving the house dressed one way but changing into other clothes you don't approve of when they get to school. You only found out because one of their friends, Alex, posted a picture on Instagram and Alex's dad texted you about it because he knew you wouldn't be happy. You want to talk to your child about it, but usually these conversations end up in someone (you or your child) blowing up or shutting down.

- How do you communicate to your child that you know they are changing the way they dress when they leave the house?

- How should you respond if your child says you're treating them like a little kid?

- What is the most important thing you want your child to know when you talk to them?

Tips

Retrieved from the companion website for *Owning Up: Empowering Adolescents to Create Cultures of Dignity and Confront Social Cruelty and Injustice* by Rosalind Wiseman. Thousand Oaks, CA: Corwin, www.corwin.com. Copyright © 2021 by Rosalind Wiseman. All rights reserved. Reproduction authorized for educational use by educators, local school sites, and/or noncommercial or nonprofit entities that have purchased the book.

Scenario 2

Your child is begging you to buy really expensive headphones that all of their friends have. You really can't afford the headphones, and the only way you could pay for them is on credit, which means you would end up paying more for them by the time you could pay your monthly payments.

- Do you buy the headphones? If you don't, how do you explain that?

- If you do decide to buy the headphones, should you tell your child the financial sacrifice you are making by buying the headphones?

  - If you answered "yes" to the previous question, what would you say?

- What do you want your child to know about your values as a result of this situation?

Tips

Retrieved from the companion website for *Owning Up: Empowering Adolescents to Create Cultures of Dignity and Confront Social Cruelty and Injustice* by Rosalind Wiseman. Thousand Oaks, CA: Corwin, www.corwin.com. Copyright © 2021 by Rosalind Wiseman. All rights reserved. Reproduction authorized for educational use by educators, local school sites, and/or noncommercial or nonprofit entities that have purchased the book.

Scenario 3

You just came home from work and see that the house is a mess. There is food left out in the kitchen, clothes and shoes all over the place, and the pets haven't been taken care of. Your child gets home from school before you get home from work, and the one thing you ask is that they clean up after themself. When they don't, it feels like they do not care about you or how their choices impact you. You get really angry because your feelings are hurt, you are frustrated, and you are usually tired when you get home. You don't want this to turn into a major blowup, but you are angry.

- When do you talk to your child about how you feel?

- What do you say if you have talked to your child before about this exact issue?

- What do you want your child to know about your values as a result of this situation?

Tips

Retrieved from the companion website for *Owning Up: Empowering Adolescents to Create Cultures of Dignity and Confront Social Cruelty and Injustice* by Rosalind Wiseman. Thousand Oaks, CA: Corwin, www.corwin.com. Copyright © 2021 by Rosalind Wiseman. All rights reserved. Reproduction authorized for educational use by educators, local school sites, and/or noncommercial or nonprofit entities that have purchased the book.