

# Sixth Grade, Session 21

## This Stuff Is So Complicated!

### Scenario 1

#### Rejected

You have been science partners with Riley every day. Things have been going well. You're texting after school and you really like being around Riley. Then your friend tells you that Riley likes someone else. You ask Riley what's going on, and they say nothing is wrong. Then they start to avoid you. However, a little while later they text you, so you think things between you are good. Then the next day during science class Riley chooses someone else as their partner. You feel rejected, confused, and embarrassed.

- Should you be angry with Riley's behavior?
- Remember the iceberg activity we did when we talked about feeling angry? What feelings might you be experiencing in addition to anger?
- What are the most common ways people show they have just been rejected?
- What's the best way to tell someone you don't like them anymore?
- What's the best way to handle being rejected?

