

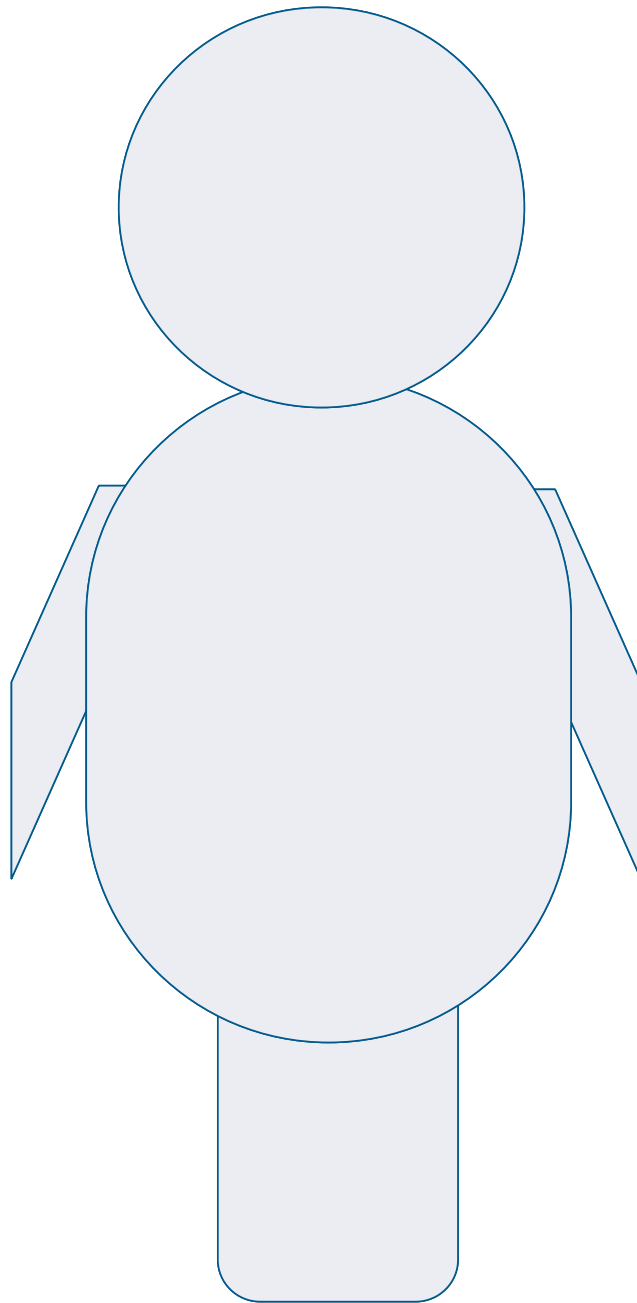
# Seventh Grade, Session 5

## Hiding and Showing Anger

**Think about the last time you were really angry.**

Write words or draw images of the actions and the feelings you showed on the ***outside***.

**Outside**



Write words or draw images of the actions and the feelings you showed on the *inside*.

**Inside**

