

Seventh Grade, Session 7

True or Fake Apologies?

Group 1

True or false: You should apologize even if you don't think you did anything wrong. Explain your answer.

Give three reasons why people don't like to apologize.

Give at least two reasons why a person should apologize—even if they don't think they did anything wrong.

Group 2

True or false: An apology still “counts” if you say it like you don't mean it. Explain your answer.

What would a true apology look like and sound like? Remember all the ways a person can communicate their meaning: with tone of voice, body language, facial expressions, and even emojis.

Group 3

True or false: When people apologize, they usually mean it. Explain your answer.

What would a fake apology look like and sound like? Remember all the ways a person can communicate meaning: with tone of voice, body language, facial expressions, and emojis.

Group 4

True or false: If a person apologizes but then continues the behavior, that means the apology isn't real.

Give three reasons why someone apologizes and then goes back to behaving as before.