

# Seventh Grade, Session 20

## Pleasing the Invisible Audience

**Use words and/or draw to describe the people who are your invisible audience.**

People you know well in real life:

*Parents, friends, teammates*

People you know well in your online life:

*Friends, people you play online games with*

People you don't know well (or at all) but who are following you on social media:

*Friends of friends, people who go to my school*

### Questions

Write at least three words or phrases that describe what you *want* your invisible audience to believe about you.

What happens if someone in your “invisible audience” says something that upsets you or makes you anxious? How much of the day in a percentage would you think about it? What happens when they say something positive?

How much power does the invisible audience have over how you feel?